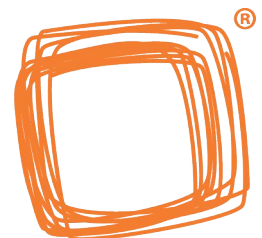
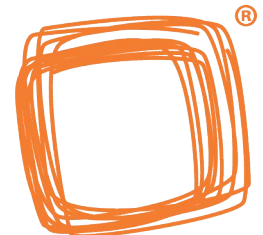


Option Grid Topic	Options Available for Comparison	Patient Frequently Asked Questions (FAQs) Addressed	Number of Risk Calculators Included	Versions Available	More Information
Abdominal Aortic Aneurysm: Treatment Options	<ul style="list-style-type: none"> Watch and wait Endovascular repair (minimally invasive surgery) Open surgery 	<ul style="list-style-type: none"> What does it involve? Will my aneurysm burst? What are the chances of death from any cause? Will it change my quality of life? When can I return to my usual activities? What are the side effects? What are the risks? 	0	US and UK	
Amniocentesis Test for Chromosome Problems: Yes or No?	<ul style="list-style-type: none"> Having amniocentesis Not having amniocentesis 	<ul style="list-style-type: none"> What is it? Will we know for sure if our baby has Down syndrome or another chromosome problem? Are there risks to the baby? If a problem is found, what does that mean for us? What are women told after the test? Are there other tests? 	0	US and UK	Certified by the Washington State Health Care Authority - July 2018
Atrial Fibrillation: Treatment Options to Lower Stroke Risk	<ul style="list-style-type: none"> Watch and wait Warfarin Dabigatran Rivaroxaban Apixaban Edoxaban Aspirin Left atrial appendage closure (heart device) 	<ul style="list-style-type: none"> What does the treatment involve? My risk of stroke due to blood clots? My risk of major bleeding needing treatment? Other risks and side effects? Can blood thinning effect of the drug be reversed? What is the cost? (for US version only) 	2	US and UK	<p>This decision aid meets requirements outlined in the Decision Memo for Percutaneous Left Atrial Appendage (LAA) Closure Therapy by Centers for Medicare and Medicaid Services (CMS).</p> <p>Certified by the Washington State Health Care Authority - April 2019</p>
Breast Cancer: Surgical Options	<ul style="list-style-type: none"> Lumpectomy with radiation Mastectomy 	<ul style="list-style-type: none"> What is removed? Will it change how long I live? Will cancer come back in my chest? Will I need more than one surgery? How long will it take me to recover? Will I need radiation after surgery? Will my lymph nodes be removed? Will I need chemotherapy? 	0	US and UK	
Breathing with a Ventilator: Stop or Stay on?	<ul style="list-style-type: none"> Stop the ventilator Stay on the ventilator 	<ul style="list-style-type: none"> What does it involve? How long will the patient live? Will there be discomfort? What are the risks? Is stopping the ventilator the same as assisted suicide? What else can be done? 	0	US and UK	
Down Syndrome Screening Test: Yes or No?	<ul style="list-style-type: none"> Having screening for Down syndrome Not screening for Down syndrome 	<ul style="list-style-type: none"> What is it? What will the screening tests tell us? How likely are we to get a lower- or higher-chance result? Will we know for sure if our baby has Down syndrome? What if the diagnostic test shows a problem? Are there risks to the pregnancy? 	0	US and UK	Certified by the Washington State Health Care Authority - February 2019
Enlarged Prostate: Treatment Options for Benign Prostatic Hypertrophy	<ul style="list-style-type: none"> Watch and wait? Lifestyle changes Alpha blockers 5-alpha reductase inhibitors (5-ARIs) Transurethral resection of the prostate (or TURP, remove part of prostate) Laser surgery Transurethral microwave therapy (or TUMT, heat to remove part of prostate; for US version only) 	<ul style="list-style-type: none"> What does the treatment involve? Will it help my symptoms? Will I pee less often at night? What are the risks of an enlarged prostate? What are the side effects? What are the risks of treatment? 	1	US and UK	
Failure to Progress in Labor: Delivery Options	<ul style="list-style-type: none"> Vaginal delivery Cesarean section (C-section) 	<ul style="list-style-type: none"> What does the delivery involve? What are the risks to my baby? What are the risks to me? What is the chance that I will still have a C-section? Will I be able to care for my baby? What will my recovery be like? 	0	US and UK	
Heavy Menstrual Bleeding: Treatment Options	<ul style="list-style-type: none"> Medicine with hormones Medicine without hormones Dilation and curettage (or D&C, scrape uterus lining; for US version only) Endometrial ablation (destroy lining of uterus) Hysterectomy (surgery to remove uterus) 	<ul style="list-style-type: none"> What does the treatment involve? Will I bleed less? Can I still get pregnant? What are the side effects? What are the risks? 	0	US and UK	
Hepatitis C Treatment Now: Yes or No?	<ul style="list-style-type: none"> Delay treatment Treatment with direct-acting antiviral medicines 	<ul style="list-style-type: none"> What does it involve? Will the infection go away? What will happen to my liver? What are the side effects of treatment? What are the risks? 	0	US and UK	This decision aid meets requirements outlined in the Centers for Medicare and Medicaid Services (CMS) Quality Payment Program measure for "Hepatitis C: Discussion and Shared Decision Making Surrounding Treatment Options".
Herniated Disk in Lower Back: Treatment Options	<ul style="list-style-type: none"> Treatment without surgery Epidural injections in your back Surgery (open surgery) Minimally invasive surgery 	<ul style="list-style-type: none"> What does the treatment involve? Will it help my pain? Might I get surgery later? What are the side effects? What are the risks? When can I return to my usual activities? 	0	US and UK	



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Hip Osteoarthritis: Treatment Options	<ul style="list-style-type: none"> Exercise Physical therapy (US version)/ Physiotherapy (UK version) Acetaminophen (US version)/ Paracetamol (UK version) Oral nonsteroidal anti-inflammatory drugs (NSAIDs) Oral opioids injections in your hip Hip replacement surgery 	<ul style="list-style-type: none"> What does the treatment involve? Will it help my pain or activity? How long will it work? What are the side effects? What are the risks? When can I return to my usual activities? 	0	US and UK	
Implantable Cardioverter Defibrillator for Heart Failure: Yes or No?	<ul style="list-style-type: none"> Yes to ICD No to ICD 	<ul style="list-style-type: none"> What does the treatment involve? Will it help me live longer? Will it change my usual activities? Will the ICD shock my heart? What are the risks of having an ICD put in place? What are the long term risks? Can the ICD be turned off or removed? 	2	US and UK	<p>This decision aid meets requirements outlined in the Decision Memo for Implantable Cardioverter Defibrillators by Centers for Medicare and Medicaid Services (CMS).</p> <p>Certified by the Washington State Health Care Authority - April 2019</p>
Ischemic Heart Disease: Treatment Options for Chest Pain from One Blocked Artery	<ul style="list-style-type: none"> Taking medicines Unblocking the artery (using a stent) while taking medicines 	<ul style="list-style-type: none"> What does the treatment involve? Will it help my symptoms? Will it lower my risk of a heart attack or dying? What are the side effects and risks? Will I need to unblock or bypass the artery later? 	0	US and UK	Certified by the Washington State Health Care Authority - April 2019
Kidney Dialysis: Stop or Stay On?	<ul style="list-style-type: none"> Stop Dialysis Stay on Dialysis 	<ul style="list-style-type: none"> What does it involve? How will it change my life? How long will I live? How will I feel? Are there other risks? What else can I do? Is stopping dialysis suicide? 	0	US and UK	
Knee Osteoarthritis: Treatment Options	<ul style="list-style-type: none"> Exercise Weight loss Acetaminophen (US version)/ Paracetamol (UK version) Topical nonsteroidal antiinflammatory drugs (NSAIDs) on your skin Oral nonsteroidal antiinflammatory drugs (NSAIDs) Oral opioids Arthroscopy (minimally invasive surgery) Osteotomy (surgery on the bone) Partial knee replacement surgery (replacing part of the knee) Total knee replacement surgery (replacing the knee) 	<ul style="list-style-type: none"> What does the treatment involve? Will it help my pain or activity? How long will it work? What are the side effects? What are the risks? When can I return to my usual activities? 	1	US and UK	<p>This decision aid meets requirements outlined in the Centers for Medicare and Medicaid Services (CMS) Quality Payment Program measure for "Total Knee Replacement: Shared Decision-Making: Trial of Conservative (Non-surgical) Therapy."</p>
Lung Cancer Screening: Yes or No?	<ul style="list-style-type: none"> Screening No screening 	<ul style="list-style-type: none"> What does the screening test involve? What does the screening test look for? What is my chance of having lung cancer diagnosed? What are the benefits? What are the risks? 	0	US	<p>This decision aid meets requirements outlined in the Decision Memo for Screening for Lung Cancer with Low Dose Computed Tomography (LDCT) by Centers for Medicare and Medicaid Services (CMS).</p>
Planning for the End of Life: Options for Getting the Care You Want	<ul style="list-style-type: none"> No will or plan Traditional will Living will (advance directive) Healthcare power of attorney Life-sustaining orders 	<ul style="list-style-type: none"> What choices can I make about the care I will get if I am seriously ill? What are the advantages? What are the disadvantages? Can I change my mind? Is there a risk that my care will not match my wishes? Who should I tell about my choices? 	0	US and UK	
Previous C-Section: Delivery Options	<ul style="list-style-type: none"> Trial of labor after cesarean section Planned cesarean section (C-section) 	<ul style="list-style-type: none"> What does the delivery involve? What are the risks to my baby? What are the risks to me? What is the chance I will still have a C-section? Will I be able to care for my baby? What will my recovery be like? 	0	US and UK	
Prostate Cancer: Treatment Options for Low-risk Prostate Cancer	<ul style="list-style-type: none"> Watch and wait Monitor with tests External beam radiation therapy (radiation from a machine) Brachytherapy (small radiation implants) Open prostatectomy (remove prostate) Robotic prostatectomy (remove prostate using robotic tools) 	<ul style="list-style-type: none"> What does the treatment involve? What is my chance of dying from prostate cancer? Will my cancer spread? When will I recover? What are the risks and side effects? 	0	US and UK	
Prostate Specific Antigen (PSA) test: Yes or No?	<ul style="list-style-type: none"> Having a PSA test Not having a PSA test 	<ul style="list-style-type: none"> What does the test involve? Does a high PSA level mean I have cancer? Does a normal PSA test mean I do not have cancer? How many men will die of prostate cancer? What are the benefits? What are the risks? What are the risks of a prostate biopsy? What are the risks (if testing leads to treatment of prostate cancer)? 	0	US and UK	
Stenosis of Lower Back: Treatment Options for Spinal Narrowing	<ul style="list-style-type: none"> Treatment without surgery Epidural injections in your back Surgery 	<ul style="list-style-type: none"> What does the treatment involve? Will it help my pain? What are the side effects? What are the risks? When can I return to my usual activities? 	0	US and UK	



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Uterine Fibroids: Treatment Options	<ul style="list-style-type: none"> • Watch and wait • Medicine with hormones • Medicine without hormones • Embolization (blocking blood flow to fibroids) • Endometrial ablation (destroying lining of uterus) • Myomectomy (surgery to remove fibroids) • Hysterectomy (surgery to remove uterus) 	<ul style="list-style-type: none"> • What does the treatment involve? • Will I have less bleeding and pain? • Will the fibroids go away or get smaller (in size)? • Is it safe to get pregnant? • What are the side effects? • What are the more serious risks? 	0	US and UK	